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Abstract

Clinicians report that self-injury is a symptom of family stress and lack of sound family coping mechanisms. This study is designed to measure the relationship between family dynamics and the factors that help someone stop using self-injury to cope with emotional stress. The results may help clinicians learn more about the family's role in prevention and treatment of self-injury. The study will be conducted with on-line and paper surveys. Participants will be asked **confidential** questions about the life course of their self-injury and their family dynamics during the time period when they first used self-injury. If there is a significant correlation between family dynamics and the factors that help overcome self-injury, then the results of this study may be published in scholarly journals.

Possible Web-site Introduction to the Survey

Researchers are looking for the relationship between family dynamics and what helps someone stop using self-injury. If you

- are eighteen years and older
- have used self-injury in the past
- have not used self-injury for over a year since your last episode

then you qualify for this study. **The survey is anonymous and confidential; participants cannot be identified.** The survey will take about twenty minutes. To access the survey, click on the link below. Your experiences will be valuable to clinicians searching for better ways to help those who still struggle with self-injury.

LINK: <http://bhs-web.calumet.purdue.edu/self-injury>

Paper Survey Option

If you would like the paper version of this survey please email your request to halsteadr1@calumet.purdue.edu and include your mailing address.