



Edgewood Children's Center S.A.F.E. ALTERNATIVES®

S.A.F.E. ALTERNATIVES® (Self Abuse Finally Ends), founded in 1985, is an internationally recognized provider of care for clients who engage in non-lethal, repetitive self-injurious behavior. In 2010, S.A.F.E. ALTERNATIVES® partnered with Edgewood Children's Center, a Great Circle agency, to provide this intense treatment and services. Edgewood has more than 175 years of experience in providing compassionate care and treatment to restore children and strengthen families through intensive therapy, special education, residential treatment, case management and support services.

Who we serve

Candidates for treatment are males and females who desire to change their self-destructive behavior and are capable of handling intensive psychotherapy.

What programs are available

S.A.F.E. ALTERNATIVES® philosophy and model of treatment focus on shifting control to the client, empowering them to make healthy choices, including the choice to not self-injure.

S.A.F.E. Intensive™ is a 30-day residential treatment program for clients who engage in repeated self-injurious behavior. A multidisciplinary treatment team uses individual, group and family therapies to support and empower individuals to make healthier choices when dealing with emotional distress.

S.A.F.E. Adolescent Expressions™ is an outpatient program for adolescents who self-injure. This program can be utilized as early intervention, for adolescents ambivalent about recovery and school-mandated treatment.

S.A.F.E Choice™ is a weekly outpatient group psychotherapy program that is offered in six-week segments. Appropriate clients are individuals who self-injure and want to change the behavior.

What we offer

- Comprehensive self-injury assessment
- Individual, family and group therapy
- Impulse control management
- Education and support
- Case management/aftercare planning
- Financial counseling/insurance assistance

Warning Signs

- Unexplained frequent injuries
- Wearing long pants and sleeves in warm weather
- Low self-esteem
- Overwhelmed by feelings
- Inability to function at work, school or home
- Inability to maintain stable relationships

Contact us

For more information or to make a referral:
800-DONTCUT® (800.366.8288)
www.selfinjury.com

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